



# Counselor's Corner

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September 2011

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## **Elementary Counseling Program**

We are excited and grateful to be back as an elementary school counselor. Due to budget cuts, we will be working 3 days a week at six schools. This means that we will be at your school every other week. Although greatly reduced, we are confident the program will continue to have a positive impact at your school.

The Elementary Counseling Program is designed to compliment the role of the administrator, teachers, and parents in cultivating responsible, resilient, and successful lifelong learners. As your counselor, we will strive to teach students essential life skills such as cooperation, conflict resolution, good decision making, and respect for others, through assemblies, classroom presentations, parent and teacher consultation, small group lessons and crisis counseling.

We are very grateful to have the opportunity to work collaboratively together to make a positive, empowering difference with your children

The following are some of the programs that we have mapped out and are striving to implement.

## **Assemblies and Classroom Presentations**

### **Kindergarten -5<sup>th</sup> Grade**

“Kelso’s Choice” Conflict Management Program ([www.kelsoschoice.net](http://www.kelsoschoice.net)) and “Bully Blocking” RTI Tough Kid program (<http://toughkid.com>)

Assembly and a follow up classroom presentations focusing on problem solving and social skills. These program empower students to make the choice of solving problems on their own or asking for help with larger problems. Our goal is to teach students several positive ways to deal with difficult situations. You will be receiving parent letters after the assembly and classroom presentations to help reinforce the strategies at home.

### **Parent Talks**

Throughout the year we will be providing a variety of parent talks such as 123 Magic - Positive Parenting Classes and Supporting Your Child’s Transition to Middle School.

### **Teacher and Parent Consultation**

The counselors strive to work collaboratively with parents by providing parent education and consultation. Each month, we will distribute a monthly newsletter with helpful topics that address a variety of parenting issues in today’s society. You can also check out the counseling section on your school’s website.

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