



Thank you for downloading the 2005 National Day to Prevent Teen Pregnancy Quiz! If you plan to photocopy this Quiz and distribute it to teens, please let us know about it! Just email [nationalday@teenpregnancy.org](mailto:nationalday@teenpregnancy.org) and tell us how many teens you distributed it to. Over half a million teens took the quiz last year; we're hoping to break a million this year! Thank you for supporting the National Day!



[www.teenpregnancy.org](http://www.teenpregnancy.org)

# The 2005 National Day Quiz

## Introduction:

Have you thought about sex? Of course. Who hasn't? But do you know what you'll do when the moment arrives? How will you avoid getting pregnant, or getting someone else pregnant? If you know where you stand, take this quiz to find out how you would handle different situations. You might surprise yourself...

## Instructions:

- Remove pages 10-12 ("Answer Sheet", "Do You Know the Score?" and "Score Report")
- Read the Scenarios and circle your answer choice on the answer sheet.
- Tally your score on the "Do You Know the Score?" page, and find your range in the score report.

## Scenario 1

*12:25 am; prom after-party.*

Kevin knew he made the right choice in bringing Alicia to the prom. He had a feeling she was into him and tonight she's really showing it. She hasn't taken her eyes off him all night and now she's led him into an empty room at the after-party.

One problem: Kevin's a lot more nervous than he thought he would be. He's a junior, and he's a virgin. So are most of his friends. He figured "it" would happen tonight. He thought he was ready. All of a sudden, he's not.

But she is.

### **What is your advice to Kevin?**

- a) Keep going! It has to happen some time so why not now? Who knows when there will be another chance? Relax and go with it.
- b) Keep quiet, but if she seems at all unsure, stop. Make her think that you're looking out for her by telling her it's better to wait. Take her back to hang out with your friends.
- c) Alicia really likes you and will understand when you tell her you want to take it slow and that you're not ready.
- d) Stop and tell her that you really want to do this, but you're afraid someone might come into the room. Tell her you want to wait until you can really be alone.

**FACT: 2 out of 3 teens who have sex by age 18 say they wish they'd waited longer.**

## Scenario 2

*Thursday night. Mom and Dad just got back from parents' night at school. Dad goes upstairs; Mom sits next to Renee on the couch, and gets that "we've got to talk" look.*

Renee's mom: We met your health teacher tonight. We sure learned a lot.

Renee: (silence).

Renee's mom: It sounds like they've taught you a whole lot more than I knew at your age about sex, pregnancy and STDs.

Renee: Yeah.

Renee's mom: So, is anyone you know really having sex?

Renee: I don't know. Maybe.

Renee's mom: Well, I'm glad we had this talk. Let me know if there is anything else you want to talk about, otherwise, I'm going to bed now.

**If you were Renee, what would you say now?**

a) No. I think the class covered it. But if I do have any questions, I'll ask you, OK?

b) Actually, yeah. Health class seems to leave the real life part out. How are a bunch of facts going to help me make decisions? Like how do I know when I'm ready?

c) I do have some questions but I'm not sure how to explain what they are. But when I do want to talk, I'll come to you if you'll promise not to freak out. OK?

d) Um, no. Can I go now?

**FACT: Only 1/2 of parents of teens who are sexually experienced are aware that their sons and daughters have started having sex.**

### Scenario 3

*Monday, 3:15 pm. Eric and Ashley walking home from school. Eric secretly likes Ashley, even though they just hang out as friends.*

Ashley: So, Jenny told me what happened with you two last night.

Eric: It wasn't that big a deal.

Ashley: So you're just hooking up and that's it? Don't you think having sex is a big deal?

Eric: I don't think I'm the only guy she's hanging out with. I'm not that into her. It's not like we're really together or anything. It's confusing.

Ashley: As long as you're both cool with it, but I wouldn't do it like that...

*The stronger his feelings get for Ashley, the less he wants to be with Jenny – or anyone else.*

#### Now what should he do?

- a) Admit to Ashley that hooking up with Jenny doesn't mean anything to him, and that it's not a big deal to Jenny either. Besides, this means that he can see other girls. Hope Ashley takes the hint.
- b) Cut things off with Jenny. It doesn't feel right and sex is too much of a big deal to have it with someone you don't really love.
- c) Change the subject. Ask Ashley if she wants to go get something to eat.
- d) Tell Ashley that he would rather do it with someone he cares about, but how was he supposed to turn down something so easy?

**FACT:** 66% of teens think that sex should only occur in a long-term, committed relationship.

## Scenario 4

Jessica is in 10<sup>th</sup> grade, Ray is a senior. They've been together for 6 months and she's never liked anyone this much before. Jessica is keeping their relationship a secret from her parents because they don't approve.

Ray invites Jessica to a party at his house. His parents are out of town and lots of the other seniors are on their way over. He promises Jessica that they will have time alone after everyone leaves. They've never had sex, but this might be their chance.

Jessica knows that when his friends are over, Ray always smokes weed. Even though nobody pressures her to join in, they always ask. She's told him it makes her uncomfortable, but he just tells her not to worry about it and that she never has to if she doesn't want to. Ray doesn't seem like himself when he's high, and she's been thinking about what's going to happen when they're finally alone.

**Give Jessica some advice *before* she goes to Ray's house:**

- a) You can always go to the party and not smoke -- again. But if you are worried about being alone with him after he has been smoking, just leave early and tell him your parents are being really strict, and want you home soon.
- b) Go to the party. Other people there won't be smoking, so just hang out with them. He's graduating soon and you don't want to miss your chance.
- c) Do you really want to have sex with someone for the first time when he's high? It's not worth it. Make up some excuse and don't go.
- d) Bring a friend with you and tell her what you're worried about. Get her to help you make up an excuse to leave if he starts talking about going off alone with him.

**FACT: Teens 15 and older who use drugs are 5 times more likely to have sex than are those teens who do not use drugs. More than 1/3 of sexually active teens and young adults report that alcohol or drug use has influenced a decision to do something sexual.**

## Scenario 5

*Monday, 5:45 pm, after soccer practice. Erica, Ana, Tanya and Kim are getting changed after soccer. It is their second season on the team together and they're getting to be good friends.*

Tanya: Kim, you have been SO quiet all day! How'd it go with David this weekend?

Kim: Pretty well... We had fun – a lot of fun, if you guys know what I mean?

Erica: You mean...you did it?!

Kim: Well, it's not like we planned on it. It just sort of happened. It wasn't at all what I expected, either.

Erica: What do you mean? Better? Worse? Tell us everything!

Kim: It was pretty awkward I guess. Isn't that what it was like for you guys?

Tanya: Actually, to be honest, I wouldn't know...

*Erica and Ana admit that they wouldn't know either.*

Kim: What? You guys haven't done it? Then why did you all say you had?

*Ana hasn't said a word yet. If you were her, what would you say to Kim?*

a) Forget about us, this is about you. You've done it, so we need to know everything. What was it like afterwards? Have you talked to him since?

b) I'm so sorry. Sometimes people say they have when they haven't. I wish you had told us you were thinking about doing it so we could have talked about stuff like protection or if you were really ready.

c) Are you ok? How do you feel? Did you use a condom?

d) I'm sorry that this happened, and nothing can change that, but remember that just because you did it once, doesn't mean you have to do it again.

**FACT: About 80% of teens 12–19 say they feel pressure to have sex. Everyone is not doing it – in fact, about half of high school -aged teens are having sex and half aren't. 65% of teens say it would be much easier to delay sex if other teens spoke positively about not having sex.**

## Scenario 6

*Jason and Maria are finally alone. Even though he's 17 and she's 14, but she seems much older than the other 8th graders. They are in love. She's never felt this way before about anyone, and neither has he. He did have sex with another girl last summer, but his feelings are much stronger for Maria.*

Maria: I really think I'm ready now. I've thought about it, I love you, and I can't imagine my first time being with anyone else.

Jason: I've thought about it a lot too – a lot – and I'm so glad to hear you say that.

*Maria encourages Jason to take things a few steps farther, then she pauses:*

Maria: Do you have a, you know, condom?

Jason: (Silence).

*He does have condoms with him, but then it hits him – she just seems so young all of a sudden...*

**If you were Jason, what would you do now?**

- a) Let her know you love her and you'll stay with her. Keep going, but just make sure you're careful and use protection.
- b) Even though you really want to, she's just too young and you should wait. It's too important not to.
- c) Pretend you don't have any protection and hold off until you think about all this more.
- d) Stop stressing. She wants this as much as you do – Besides, who knows what will happen in the future?

**FACT: 1 in 7 teens has had sex by age 15. When partners are 2 or more years apart, chances are higher that the sex is unwanted and/or unprotected.**

## Scenario 7

*10:47PM. Alex and Shawna are in Alex's basement. Alex's parents are out.*

*Last weekend when Shawna and Alex were alone together, they almost had sex. They both want to, but neither one of them has ever done it before. This time, they're both unsure about how things might end up tonight. They start hooking up. Alex has condoms with him, but doesn't want to say anything yet because he doesn't want to ruin the mood or make her think he's pushing her...*

Alex: I've been thinking about this a lot...

Shawna: Me too....

Alex: Especially after what happened last time...

Shawna: I know. But I'm glad we have another chance now....

*Neither one of them is saying anything. They keep going....*

### **If you were Alex, what would you do now?**

A) Mention that you've got protection just in case, but that you're not trying to rush her or anything.

B) It would be so uncomfortable to talk about condoms right now...maybe you shouldn't be doing this at all. Decide to talk about protection before this happens again.

C) Go for it. If she's not bringing up condoms, she must be on the pill. She knows what she's doing, right?

D) Don't say anything one way or the other. Just stop and change the subject - suggest that you go get something to eat or watch TV.

### **If you were Shawna, what would you do now?**

A) Realize that you and Alex never talked about what almost happened last time. If you can't even talk about it, you're not ready for it. Leave things where they are.

B) Take a deep breath and ask Alex if he's got a condom, because you don't. And if you're going to have sex this time, you have to use it.

C) Enjoy the moment. Now you have another chance and it feels right. He's older and knows what he's doing. He wouldn't let anything bad happen. Go with it.

**FACT: Teens who have sex without using protection have an 85% chance of pregnancy within one year.**

How do **you** score?

ANSWER SHEET

- |             |    |    |    |    |
|-------------|----|----|----|----|
| 1.          | A. | B. | C. | D. |
| 2.          | A. | B. | C. | D. |
| 3.          | A. | B. | C. | D. |
| 4.          | A. | B. | C. | D. |
| 5.          | A. | B. | C. | D. |
| 6.          | A. | B. | C. | D. |
| 7. (Alex)   | A. | B. | C. | D. |
| 7. (Shawna) | A. | B. | C. | D. |

## DO YOU KNOW THE SCORE?

### *Scenario 1*

If you answered A, give yourself 3 points.  
If you answered B, give yourself 2 points.  
If you answered C, give yourself 1 point.  
If you answered D, give yourself 2 points.

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### *Scenario 2*

If you answered A, give yourself 2 points.  
If you answered B, give yourself 1 point.  
If you answered C, give yourself 1 point.  
If you answered D, give yourself 3 points.

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### *Scenario 3*

If you answered A, give yourself 3 points.  
If you answered B, give yourself 1 point.  
If you answered C, give yourself 3 points.  
If you answered D, give yourself 2 points.

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### *Scenario 4*

If you answered A, give yourself 2 points.  
If you answered B, give yourself 3 points.  
If you answered C, give yourself 1 point.  
If you answered D, give yourself 2 points.

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### *Scenario 5*

If you answered A, give yourself 3 points.  
If you answered B, give yourself 1 point.  
If you answered C, give yourself 2 points.  
If you answered D, give yourself 1 point.

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### *Scenario 6*

If you answered A, give yourself 3 points.  
If you answered B, give yourself 1 point.  
If you answered C, give yourself 2 points.  
If you answered D, give yourself 3 points.

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### *Scenario 7 (Alex)*

If you answered A, give yourself 2 points.  
If you answered B, give yourself 1 point.  
If you answered C, give yourself 3 points.  
If you answered D, give yourself 2 points.

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### *Scenario 7 (Shawna)*

If you answered A, give yourself 1 point.  
If you answered B, give yourself 2 points.  
If you answered C, give yourself 3 points.

\_\_\_\_\_

Add Your Points and Find Out How *YOU* Scored!

Total: \_\_\_\_\_

**Sex has consequences. Do you know the score?**

**FIND OUT NOW: Do you take chances? Or take control?**

**You've got game: 1-8 points**

Congratulations. You know the risks, and you know that the only foolproof way to avoid pregnancy is to not to have sex. You know that you can always say no, even if you've said yes before; and that if you do decide to have sex you must use protection — every single time. Your friends could use some of your know-how: **Send them this quiz** and keep up your commitment to preventing teen pregnancy.

**You're in the game, but you get sidelined sometimes: 9-16 points**

The good news: You realize what the safest choice is in most situations. The bad news: You may not always make the best choice. Sex happens and while sometimes it's unplanned, it's never okay without protection—no matter what. So avoid those risky situations by recognizing them immediately, and steering clear. And have a plan for what you'll do if you find yourself "in the moment." You are in control, and you can always say no to sex—even if you've said yes before. **Find out more at [www.teenpregnancy.org](http://www.teenpregnancy.org), and take the quiz again.** Send it to your friends and see how they score.

**Too much left to chance: 17-24 points**

When it comes to sex and pregnancy you're in danger of putting yourself in risky situations. The good news: After taking this quiz, you know more about how to protect yourself – your body *and* your feelings. No matter what you've heard, the only surefire way to prevent pregnancy is not to have sex at all. It's the best choice for teens by far – it protects your feelings too. But if you do, make sure to use protection every single time. **Find out more: [www.teenpregnancy.org](http://www.teenpregnancy.org). Then come back and take the quiz again—and get your friends to take it too.** Talk to each other about how you scored. It's a lot easier to go back and change your answers online than it is in real life!

*This quiz is for educational and/or entertainment purposes only. For more information about preventing teen pregnancy, visit [www.teenpregnancy.org](http://www.teenpregnancy.org) or consult your local health care provider.*