

*International Foods*  
*Format for Major Foods Project*  
*Country Report*

The Country Report is the primary assignment in International Foods. It should combine a demonstration of the culinary skills learned with a written report on a foreign country.

*Written Report: Relating to the country of choice*

The written report needs to contain:

- 1) Title Page
- 2) Map and flag of the country of choice
- 3) A picture of traditional dress
- 4) **A complete paragraph in your own words, using complete sentences discussing:**
  - a) History
  - b) Geography
  - c) Climate
  - d) People and Culture
  - e) Religion
  - f) Government
  - g) Agriculture and Natural Resources
  - h) Staple Foods
  - i) Influences on the cuisine
  - j) Typical Foods of this country
  - k) Tradition associated with a holiday
- 5) A copy of the approved recipe

Demonstration:

**You may work as an individual, or in groups of two. If you work in a group, plan on sharing the work load evenly. You must sign up and specify what you plan to demonstrate (no last minute changes), with all members of the group should representing the same country.**

**Only video-taped demonstrations will be accepted. I have no DVD equipment.**

The demonstration portion of this assignment is designed to create an experience in front of a group of people, increase organizational skills, and share the world's culinary culture.

Elements of the demonstration need to include the following:

- 1) Provide a copy of the approved recipe in your report.

- 2) Provide your own ingredients, and any special pieces of equipment.
- 3) Limit demonstration time to 25 minutes
- 4) Provide samples for the class to taste.
- 5) Demonstration tips:
  - a) Assemble all supplies and ingredients *before* the demonstration.
  - b) Plan to keep talking, giving pertinent facts about your country, the food and customs, etc.
  - c) include clean-up in your demonstration.

*Evaluation:*

Each class member will evaluate each demonstration. The evaluation will be written, and will provide a portion of your final grade. It is expected that full attention will be given to each demonstration group, and that behavior will be courteous, respectful, and appropriate at all times.